

***** ANNOUNCING *****

A SELF-ESTEEM / SOCIAL SKILLS GROUP FOR 6 TO 8 YEAR OLDS

Offered by Marilyn Brennan, LCSW, and Kathy Mayer, LPC
American Foundation of Counseling Services, Inc.

Children will interact with peers in a therapeutic environment. Issues addressed will be:

- Giving & receiving positive feedback
 - Communicating with others more effectively (introducing self, joining a conversation, keeping conversation going, etc.)
 - Respecting other people's boundaries
 - Identifying and expressing feelings
 - Using a "stop and think" technique for problem solving
 - Dealing with teasing and anger
 - Accepting responsibility for wrong-doing
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This group will meet for 8 sessions on Wednesdays from 4 – 5:30 PM. The dates of this group are as follows:

February 3
February 10
February 17
February 24
March 3-Parent's group/no children
March 10
March 17
March 24

LOCATION: American Foundation of Counseling Services, Inc.
130 E. Walnut Street,
Green Bay, WI 54301

There will be an initial evaluation session with the parent(s) and the child prior to the beginning of this group, a session for all parents after the 3rd meeting, and a follow-up session at the end of the group for parent(s) and child.

Health insurance or sliding fee accepted.

Please call (920) 437-8256 for initial evaluation or for more information.